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THE FITNESS CLUB

HILLGROVE HOTEL

Child Admission Policy Hillgrove Hotel & Fitness Club

General Policy

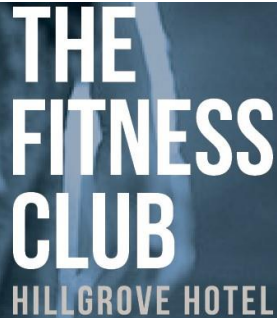
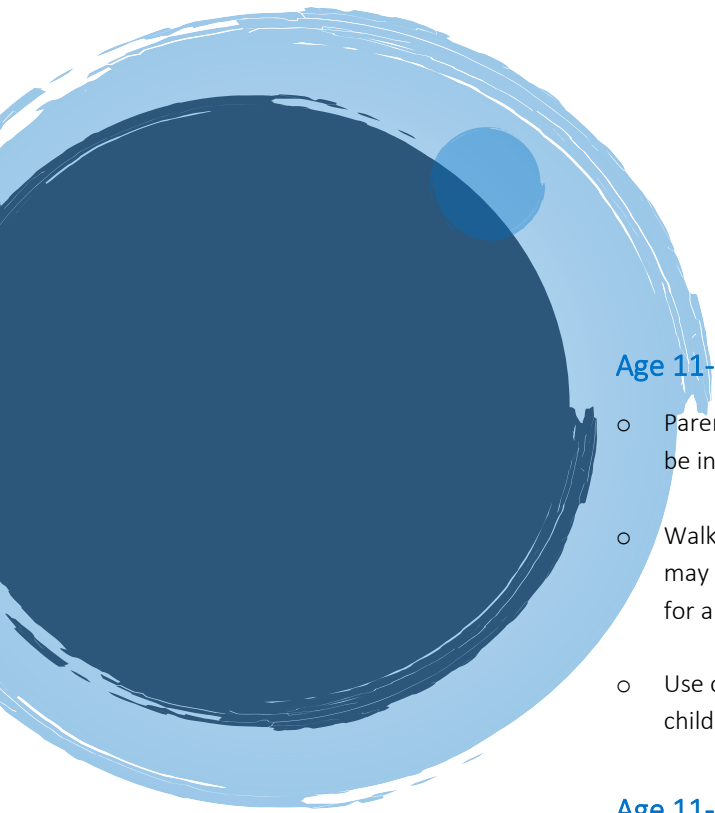
The following is the minimum set of entry requirements for non-programmed activities:

- All children under 10 should be under constant parental **and** staff supervision, while in the water.
- Children aged 0-10 must be accompanied by a responsible adult **in the water**.
- Children aged 11-14 who are not proficient in water* must be accompanied by a responsible adult who must remain **in view of the child** in the pool.
- Children aged 15 and upwards may be unaccompanied in the water.
- However, groups of more than two children aged 15 years and upwards will **not** be admitted without adult supervision. This excludes families.

Unprogrammed Activities

<Age 10 [Non-swimmers]

- Parent or guardian must always participate **in the water** with the child.
- Parent or guardian should always keep the child within arms-length.
- There should be provision of a clearly demarcated children's play area.
- This does **not** include use by the parent or guardian of the Ancillary facilities [Sauna, steam-room, jacuzzi, hot-tub etc.] where they may lose visibility of the child.
- **Guardians must be over 18 years of age.**



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Age 11-14 [Non-swimmers]

- Parents or guardians must always keep the child **within view**. This could be in the Reception Area, Viewing Gallery or from the Gym.
- Walking/standing/sitting on the deck will **not** be permitted as the adult may get in the way of a lifeguard effecting a rescue or cause a blind spot for a lifeguard.
- Use of the mobile phone while supervising is prohibited in line with our child protection policy.

Age 11-14 [Proficient in water] *

- Parents or guardians must initially attend the pool while the child undertakes a water proficiency test. This can be viewed from the Reception Area, Viewing Gallery or from the Gym as appropriate.
- The '**Water Proficiency test**' will be undertaken by the lifeguard on duty but may only be done during an unprogrammed activity time.
- **Note:** Only one opportunity will be given in any calendar month to complete and pass this water proficiency test.
- Once declared proficient in water they may then attend the pool without a supervising adult or guardian either alone or in groups of no more than 2 persons.

***Definition of proficient in water:** Must be capable of swimming one full length of the pool [any front facing stroke] without stopping **and** of treading water for at least 90 consecutive seconds.

>Age 14

May attend the swimming pool alone or in groups of no more than 2 children. This does **not** include use of the Sauna, Steam room, jacuzzi etc.

